

Dear Sara,

Thank you so much for choosing our office for your dental care. Below you can find a summary of our first visit findings and discussion.

I did a comprehensive dental evaluation. My main findings are:

1. Your main concern- the upper right second premolar #4 with the failing root canal.



2. Caries (cavity, decay) on the upper right first molar #3, adjacent to the above tooth #4.



3. Generalized mild gum inflammation (mild gingivitis).



4. Generalized recessions with loss of enamel (abrasion) at the neck of certain teeth, with caries on some of them #5,12,13,14,19,20,21,28,29,30.



5. Caries on the upper left first molar #14 and lower left second molar #18.



6. Caries Risk Assessment (risk for future cavities) is high (range: low-moderate-high) due to the presence of more than 3 caries and multiple recessions with tooth abrasion/caries.
7. Periodontal Risk Assessment (risk for future bone and gum disease) is low (range: low-moderate-high) due to mild marginal bone loss and no pockets of 5mm or more.
8. Moderate misalignment of the teeth.



Recommended treatment:

- a. Provisional crown on the upper first molar #3 (which needs a crown because of caries) to hold tooth #4 (the tooth which will be extracted), such as you will always have a tooth during your dental treatment of this area, points 1 & 2.
- b. Tooth color fillings on the neck of multiple teeth where you have abrasions and/or caries and/or old white fillings, teeth #12,13,14,19,20,21,28,29,30 point 4.
- c. Tooth color fillings to treat caries on teeth #14 and 18, point 5.
- d. Dental cleaning to resolve gingivitis, to prevent caries and maintain gums/bone health, points 3, 6, & 7.
- e. If you want to consider tooth alignment, the best time to do it is between the time the tooth is extracted and the time the implant is placed. Invisalign will resolve crowding and align the teeth, approximate time is one year +/- 3months, point 8.
- f. Once the implant is placed on tooth #4, we will make the final crowns on tooth #3 and implant #4, points 1 & 2.
- g. Another treatment to consider in the future is a crown on the rotated lower left tooth #20.



Completed treatment:

- Comprehensive exam, x-rays, and pictures.
- Made an impression to order the provisional crowns on the upper right teeth #3+4. At your second visit we will remove the cavity on tooth #3, rebuild the tooth and deliver a temporary for both teeth #3 and 4. You will be ready to see Dr. Hegedus for the extraction of tooth #4.
- Gave you an estimate for the recommended treatment on "a & b".

Preventive care plan, will be discussed with you in details at your cleaning appointment, points 3, 6, & 7:

- In office dental cleaning every 4 months with fluoride application to prevent future caries.
- Home care (see video on our website landing page at makingyousmile.nyc):
 - Nighttime:
 - First: **Floss**
 - **Rinse for 30 seconds with prescription mouthwash**: spit and do not rinse the mouth eat or drink (every night of the first week of the month for 12 months).
 - Then: **Brush with prescription toothpaste**: light pressure and vibration at 45-degree angle (except recessions area flipping toward the gums. If using electric toothbrush light touch and not brushing with the electric toothbrush see video) for 2 minutes, spit the toothpaste, do not rinse your mouth, eat or drink (go straight to bed).
 - Morning time
 - **Brush with prescription toothpaste**: light pressure and vibration at 45-degree angle for 2 minutes, spit the toothpaste and do not rinse.

Please let me know if you have any questions. Again, thank you for your trust.

Best regards,

Ziad

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