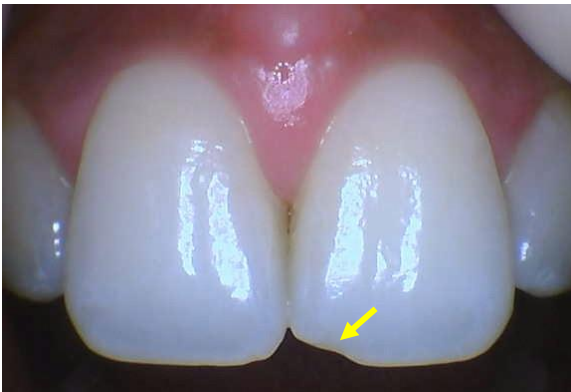


DEAR KARON,

Thank you so much for choosing our office for your dental care. Below you can find a summary of our first visit findings and discussion.

I did a comprehensive dental evaluation. My main findings are:

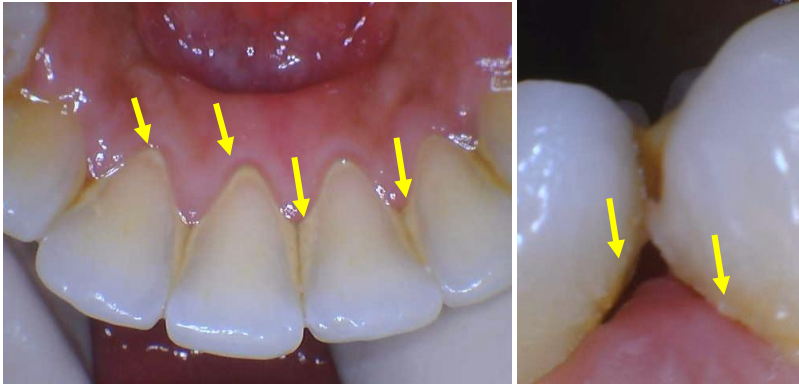
1. Your main concern is the fractured upper front tooth #9 and that the front two teeth are too long in comparison to the adjacent ones on each side.



2. Chipped and discolored surface of the filling on the lower left second molar #18 (yellow arrows) and cavity on the first lower left molar #19 (orange arrows).



3. Moderate generalized gingivitis with visible plaque and calculus accumulation.



4. Caries Risk Assessment (risk for future cavities) is moderate (range: low-moderate-high) due to the presence of fillings on multiple teeth and recent caries on #19.
5. Periodontal Risk Assessment (risk for future bone and gum disease) is low (range: low-moderate-high) due to the absence of bone loss.

Recommended treatment:

- a. We discussed 3 options to resolve the fractured front tooth, point 1:
- Tooth recontouring of the lower edge of your front 2 central incisors to the level of the fracture. This option addresses the length of those two teeth and bring them closer in length to the adjacent 2 teeth on each side. This option is irreversible as we cannot place the tooth structure back. [Best] You chose this option.
 - Invisalign to push the 2 central incisors up and fix the fracture edge with bonding. This will leave you with a bonding to maintain over the years.
 - Fix the fractured edge with bonding. This option will not address your additional concern of the teeth being too long especially in relation to the adjacent 2 teeth on each side.
- b. Dental cleaning and preventive care to resolve gingivitis point 3 and to maintain periodontal health point 5.
- c. A tooth-colored filling on the lower left second molar #18 and crown on the lower left first molar #19 to eliminate the caries and restore the tooth point 2.

Completed treatment:

- Comprehensive exam, x-rays, and pictures.
- Estimate for the recommended treatment “a” you chose.

Preventive care plan:

- In office dental cleaning every 6 months with fluoride application to prevent caries point 4.
- Home care (see video on our website landing page at makingyousmile.nyc):
 - o Nighttime:
 - First: **Floss**
 - Then: **Brush** light pressure and vibration at 45-degree angle for 2 minutes with a fluoride toothpaste, spit the toothpaste and do not rinse your mouth, eat, or drink.
 - o Morning time
 - **Brush:** light pressure and vibration at 45-degree angle for 2 minutes, spit the toothpaste and do not rinse.

Please let me know if you have any questions. Again, thank you for your trust.

Best regards,

Ziad

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Editor Glossary of Implant Dentistry II