

Post Operative Information: Instructions for deep cleaning, scaling, and root planning

- **ANTIBACTERIAL MOUTH RINSE (Chlorhexidine)**
 - Please rinse for 30 seconds, once-a-day after brushing and flossing
 - Please do not swallow mouthwash
 - Please spit, do not rinse with water and refrain from drinking or eating for 30 minutes after use
 - Use for a maximum of two weeks
 - Please store the unused portion in a cool, dry place

- **POST-OP INSTRUCTIONS FOR PERIO SCALING**
 - Please do not eat or drink anything until numbness wears off to avoid inadvertently biting your lip, tongue or cheek
 - Please continue to brush area in a circular motion, except for backs of the upper and lower front teeth. These areas should be brushed up and down with the toe of the brush
 - Please contact our office if you have any questions after your visit