

WHAT YOU SHOULD KNOW

About whitening your smile...



Fluorescent™ Take-Home Whitening System is a dentist-supervised 10%, 16% or 22% clear, viscous carbamide peroxide gel that provides outstanding whitening results. Available in two flavors, mint and citrus, Fluorescent™ contains fluoride which not only helps lower sensitivity, but also decreases the chances of cavity formation.

Fluorescent™ Express White is a powerful 35% hydrogen peroxide **In-Office Whitening System** that whiten teeth FAST – in just ONE office visit.

FLUORESCENT™ Take-home Whitening Kit

Ask your dental professional to recommend the whitening system that's right for you!



What is the difference between Carbamide Peroxide and Hydrogen Peroxide?

Carbamide peroxide is the most popular tooth whitening agent used today. Its superior stability over hydrogen peroxide gives it a longer shelf life, making it more convenient as a take-home product. During use, carbamide peroxide breaks down into its main active ingredient, hydrogen peroxide and urea, resulting in approximately one-third hydrogen peroxide. An 18% carbamide peroxide solution will have the **same strength and effect** as a 6% hydrogen peroxide solution).

FLUORESCENT™ Tooth Whitening System

Take-home Whitening System available as a 10%, 16% or 22% clear, viscous carbamide peroxide gel.



FLUORESCENT™ Express White

For fast In-Office Whitening. 35% hydrogen peroxide gel.



FLUORESCENT™

TRANSFORM YOUR SMILE



Ask your dental professional about Fluorescent™ today!

FLUORESCENT™

Tooth Whitening System

Is it safe to bleach my teeth?

Will bleaching damage my teeth?

If you use Fluorescent™ according to instructions, bleaching your teeth is a safe efficient way to get the whiter and brighter smile that you have always wanted! Tooth whitening ingredients are known to be safe in the right amounts and with the right exposure time. While studies show that the clinical use of most whitening products has little or no effect on the hardness and/or mineral content of the enamel, Fluorescent™ which contains fluoride, can help decrease cavity formation! We recommend that you use this product under the supervision of your dental healthcare professional to achieve optimal results with minimal side-effects.

How does the whitening process work?

Before whitening your teeth, you have to realize that there are two types of tooth stains. The first is the extrinsic stain – a stain that is on the surface of the tooth. The second is an intrinsic stain – a stain on the inside of the tooth that will show through the enamel as a discoloration. For best whitening results, visit your dental professional first for the removal of extrinsic stains. The whitening of the intrinsic stain is a chemical process. The peroxide in your whitening gel breaks down into ions, very small molecules that

are able to work their way through tiny dentinal tubules within the tooth. Inside the tooth structure, they break down the molecules that cause discoloration by attaching themselves to the stain particle and breaking down the stain. And while the tooth structure is not altered in any way, the internal color of the tooth will appear whiter and brighter.

How long does the whitening last?

While whitening results are very stable, whitening is not permanent and results will vary by individual. On a daily basis our teeth are exposed to foods, beverages and lifestyle habits that cause staining. Due to this exposure, it is advisable to periodically repeat the bleaching process and do touch-ups. Avoiding foods and beverages that cause staining will make the time frame between touch-ups longer.



What will whitening do to my existing dental work?

It has been proven in studies that whitening will not damage existing restorations. As for changing the color of your existing restorations, (i.e. tooth-colored fillings, veneers, crowns, bonding and bridges) your whitening gel will NOT have any effect on them. However, this could mean that you may want to replace some of the pre-existing dental work to match the new shade of your teeth.

Are there side-effects?

Whitening of the teeth, while safe and effective, does have side-effects which vary according to individuals. Tooth sensitivity, to hot and cold temperatures and even air, is a very common side-effect. This sensitivity will be temporary. You might also experience some gum sensitivity like a burning sensation and a grey discoloration. These side effects will also be temporary and neither will cause long-term damage.

There are many whitening methods on the market and the best method for you could depend on the condition of your teeth, your budget, the time frame that you have, the results you want and your lifestyle. At Vista Dental Products, we feel strongly that whitening treatments should be done under appropriate supervision.

